

Skinny Cow Vanilla Ice Cream Sandwich

Nutrition Facts

Serving Size 1 Sandwich
 Servings Per Container: *Not Given*

Amount Per Serving	
Calories 150	Calories from Fat 20
% Daily Value *	
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0	0%
Cholesterol 5mg	2%
Sodium 135mg	6%
Total Carbohydrate 30g	10%
Dietary Fiber 3g	12%
Sugars 14g	
Sugar Alcohol 0g	
Protein 4g	
Vitamin A	6%
Vitamin C	0%
Calcium	20%
Iron	0%

Ingredients:

SKIM MILK, WAFER (BLEACHED WHEAT FLOUR, SUGAR, CARAMEL COLOR, DEXTROSE, PALM OIL, CORN FLOUR, COCOA, BAKING SODA, CORN SYRUP, MODIFIED CORN STARCH, SALT, MONO AND DIGLYCERIDES, SOY LECITHIN), SUGAR, CORN SYRUP, POLYDEXTROSE, WHEY PROTEIN, CREAM, CALCIUM CARBONATE, INULIN (DIETARY FIBER), NATURAL FLAVOR, MICROCRYSTALLINE CELLULOSE, PROPYLENE GLYCOL MONOSTEARATE, GUAR GUM, MONOGLYCERIDES, SORBITOL, CAROB BEAN GUM, SODIUM CARBOXYMETHYLCELLULOSE, CITRIC ACID, VITAMIN A PALMITATE, CARRAGEENAN, SALT.

Does not Contain Nuts, Kosher, Low Fat

Low fat Ice Cream. 97% Fat Free. 140 Calories. 3 grams Fiber. 0 Trans Fat. Certified Kosher OUD; Contains gluten. ALLERGY INFORMATION: MANUFACTURED ON SHARED EQUIPMENT WITH PRODUCTS THAT CONTAIN PEANUT INGREDIENTS

* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs.

Please be sure to check the actual product label

